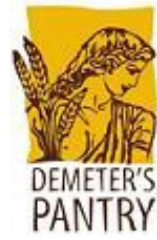


Product Name: Vegetable Enchiladas with Salsa Verde



	Shipping Fresh	Shipping Frozen
VIN	2501	1127
Brand	Demeter's Pantry	Demeter's Pantry
Item UPC	7-36211-70187-9	7-36211-70187-9
oz/item	13.7	13.7
Case UPC	7-36211-70187-9	10736211701876
Items/case	8	10
Expiration day from production	21 days	365 days/14 days after thaw

104 /pallet

TiHi13x8

Vegetarian

Gluten Free Ingredients

Organic Tortillas

Nutrition Facts

2 servings per container

Serving Size 1/2 Tray (194g)

Amount Per Serving

Calories 240

% Daily Value *

Total Fat 12g 15%

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 260mg 11%

Total Carbohydrate 29g 11%

Dietary Fiber 5g **18%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 8g 16%

Vit. D 0.1mcg **0%** · Calcium 280mg **20%**

Iron 2.1mg **10%** · Potas. 370mg **8%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Water, Organic Corn Tortilla (Organic Whole White Corn, Organic Yellow Corn Masa Flour, contains less than 2% of each of the following: Organic Guar Gum, Trace of Lime), Fresh Tomatillos, Zucchini, Red Bell Peppers, Green Bell Peppers, Onions, Potatoes, Black Beans, Corn, Low Moisture Mozzarella Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Cellulose), Jalapeno Peppers, Cilantro, Lime Juice, Garlic, Olive Oil Blend (Extra Virgin Olive Oil, Cold Pressed Sunflower Oil), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Beta Carotene (Natural Color) Cellulose), Cotija Cheese (Pasteurized Milk, Salt, Cheese Cultures, Enzymes, Cellulose), Paprika, Black Pepper, Dried Oregano, Spices, Kosher Salt.

CONTAINS: Milk

Sold by
DEMETER'S PANTRY
Silver Spring, MD 20910
www.demeterspantry.com
sales@demeterspantry.com
301.587.0048

Vegetable Enchiladas with Salsa Verde

Net wt 13.7 oz (388 g)

- ✓ Vegetarian
- ✓ Tortillas made with Ground Organic Corn
- ✓ Gluten Free Ingredients
- ✓ Mildly Spicy

Reheating Instructions:
Peel film back but do not detach.
Microwave: Heat covered, for 2-3 min or until very hot.[†]
Oven: Transfer food to oven-proof container. Preheat oven to 350°F. Heat for 10-15 min, covered, or until very hot.[†]
[†]Internal temperature reaches 165°F.

Nutrition Facts

Total Fat 25g		32%		Total Carbohydrate 56g		21%	
Saturated Fat 8g		40%		Dietary Fiber 10g		36%	
Trans Fat 0.5g				Total Sugars 6g			
Cholesterol 30mg		10%		Inc. Dg Added Sugars		0%	
Sodium 520mg		23%		Protein 15g			

Calories 490 per serving

Vitamin D 0.2mcg 0% • Calcium 550mg 45% • Iron 4.2mg 25%
Potassium 740mg 15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Water, Organic Corn Tortilla (Organic Whole White Corn, Organic Yellow Corn Masa Flour, contains less than 2% of each of the following: Organic Guar Gum, Trace of Lime), Fresh Tomatillos, Zucchini, Red Bell Peppers, Green Bell Peppers, Onions, Potatoes, Black Beans, Corn, Low Moisture Mozzarella Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Cellulose), Jalapeno Peppers, Cilantro, Lime Juice, Garlic, Olive Oil Blend (Extra Virgin Olive Oil, Cold Pressed Sunflower Oil), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Beta Carotene (Natural Color) Cellulose), Cotija Cheese (Pasteurized Milk, Salt, Cheese Cultures, Enzymes, Cellulose), Paprika, Black Pepper, Dried Oregano, Spices, Kosher Salt. CONTAINS MILK.